

José Castela



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PERSONAL TRAITS

Hard worker
Organized
Punctual
Easily adaptable

OBJECTIVES

Learn with the best professionals,
evolving and retaining knowledge

EDUCATION

Designation	Degree	Grade	School	Period
Food Production and Management	Cook	18	Escola de Hotelaria e Turismo de Coimbra	2011 to 2013
Masters in Animal Ecology	Masters	20	Universidade de Coimbra	2007 to 2010
Degree in Biology	Bachelors	14	Universidade de Coimbra	1999 to 2006

WORK EXPERIENCE

Restaurant/Hotel	City	Post	Duration (hours)	Year	Chef
Restaurante Via Veneto	Barcelona	Trainee	380	2013	Carles Tejedor
Hotel Holiday Inn Resort	Naples	Trainee	220	2013	Ciro Salatiello

LANGUAGES

Portuguese	Very Good
English	Very Good
Spanish	Average
Italian	Average

VOLUNTEER DUTY

Showcooking – Presentation of Manual Técnico de Pastelaria with Chef Ricardo Santos	December 2012
Showcooking – Theme: Local products with Chef Emanuel Faria	December 2012
Showcooking – Theme: Codfish with Chef Luís Baena	December 2012
Showcooking – Theme: Mackerel with Chef Emanuel Faria	August 2012
Showcooking – 1st Mozzarella Fair of Castel-Volturno, Naples, Italy	July 2012
Showcooking – TV Program Verão Total with Chef Ricardo Santos	June 2012
Chef de partie at a solidary lunch for seventy elderly people	December 2011

EXTRA TRAINING

Nacional Cuisine Professionals Congress - 8th Edition	November 2012
Workshop – Theme: Chocolat with Chef Ricardo Santos	October 2012
Workshop de risottos com o Chef Emanuel Faria - EHTC	August 2012
Workshop – Theme: Contemporary cuisine - Foams and Airs by Cooking Lab	March 2012
Workshop – Theme: Contemporary cuisine - New Textures by Cooking Lab	March 2012
Workshop – Theme: Contemporary cuisine - Spherifications by Cooking Lab	January 2012
Nacional Cuisine Professionals Congress - 7th Edition	November 2011

PUBLICATIONS

Castela, José (2010) – Are shredders limited by food?
Castela, José *et al.* (2007) – Evaluation of stream ecological integrity using litter
decomposition and benthic invertebrates

OTHER DATA

NAME: José Carlos Cerveira Castela
DATE OF BIRTH: 24th of September 1981
NATIONALITY: Portuguese
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